THE FOLD AND SEW METHOD FOR QUILT BLOCKS

By Linda Sanita

This project is great for pre-cuts, but definitely not the only way to use it. You can cut your own fabrics any size you want and this method should work just fine. The following is used with 10" and 5" square blocks.

Lay a 5" square in the middle of a 10" square and fold the top of the 10" square down over the 5" square and sew a quarter of an inch seam completely across the 10" square down the folded edge. Then fold the bottom of the 10" square up over the 5" square and sew completely across the 10" square a quarter of an inch to encase the 5" square block on the top and bottom.

Then fold the sides of the 10" square and have them meet in the middle and sew a quarter of an inch seam over the 5" square. Press open.

The 5" square could be placed on one corner or two of the corners for different looks. (See samples)

The 5" square could be folded into triangles and placed on one or more corners of the 10"square. In this case there is no need to fold the 10" square and sew. Just make a basting stitch around the entire block to hold the triangles in place. It creates a little pocket, which can be left open or sewn closed.

When doing this design, the bias fold of the triangles can be folded back and sewn in a curved fashion creating a sort of cathedral look.

The 5" triangles can be put in the middle of the 10" square. Then the 10"square would have to be folded diagonally and sewn to encase the raw edges of the triangles. Two or four triangles could be placed and sewn on the 10" square to create different designs.

The 5" triangles can also be oriented on the 10" square in the corners, but not aligned to the edge of the 10" square. Instead put the points touching each other meeting in the middle of the 10" square. Then the 10" square would have to be folded in half both ways to encase the raw edges of the triangle.

The 5" squares could also be folded in double triangles and placed around the straight edges of the 10" square, with no raw edges on the inside of the block.